

# **Emerging Pulmonary Infection**

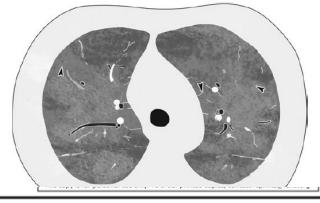
: Can We Identify Emerging Viral Pneumonia?



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# Pathogenesis and CT Pattern of Viral Pneumonia





# Radiographic and CT Features of Viral Pneumonia<sup>1</sup>



Abbreviations: CMV=cytomegalovirus,GGO= ground-glass opacity, HMPV = human metapneumovirus, HPTV = human parainfluenza irus, HSV = herpes simplex virus, MERS = Middle East respiratory syndrome, RSV = respiratory syncytial virus, SARS = severe acute espiratory syndrome

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SA-CME LEARNING OBJECTIVES

After completing this journal-based SA-CME

Viruses are the most common causes of respiratory infection. The imaging findings of viral pneumonia are diverse and overlap with those of other nonviral infectious and inflammatory conditions. However, identification of the underlying viral pathogens may not always be easy. There are a number of indicators for identifying viral pathogens on the basis of imaging patterns, which are associated with the pathogenesis of viral infections. Viruses in the same viral family share a similar pathogenesis of pneumonia, and the imaging patterns have distinguishable characteristics. Although not all cases manifest with typical patterns, most typical imaging patterns of viral pneumonia can be classified according to viral families. Although a definite diagnosis cannot be achieved on the basis of imaging features alone, recognition of viral pneumonia patterns may aid in differentiating viral pathogens, thus reducing the use of antibiotics. Recently, new viruses associated with recent outbreaks including human metapneumovirus, severe acute respiratory syndrome coronavirus, and Middle East respiratory syndrome coronavirus have been discovered. The imaging findings of these emerging pathogens have been described in a few recent studies. This review focuses on the radiographic and computed tomographic patterns of viral pneumonia caused by different pathogens, including new pathogens. Clinical characteristics that could affect imaging, such as patient age and immune status, seasonal variation and community outbreaks, and pathogenesis, are also discussed. The first goal of this review is to indicate that there are imaging features that should raise the possibility of viral infections. Second, to help radiologists differentiate viral infections, viruses in the same viridae that have similar pathogenesis and can have similar imaging characteristics





<sup>6</sup>RSNA, 2018 \* nafiographics.rons.org

# Coronaviridae 💥

- Transmitted by fecal-oral route or by aerosols of respiratory secretions
- Infect a wide range of mammals and birds and occur worldwide

- SARS corona virus
- MERS corona virus



#### Middle East Respiratory Syndrome (MERS) Coronavirus

### Introduction

- Firstly identified in Saudi Arabia in 2012.
- Zoonotic virus that is transmitted from animals to humans.
- Human-to-human infections, camels are likely to be a major reservoir host for MERS-CoV and an animal source of MERS infection in humans
- Outbreak in the Republic of Korea is the largest outbreak outside of the Middle East.

# Clinical Findings

- Sx.: fever, cough and shortness of breath.
- 36% of reported patients with MERS have died.
- High risk of severe MERS infection: diabetes, renal failure, chronic lung disease, and immunocompromised persons
- Treatment: Supportive care



# Middle East Respiratory Syndrome (MERS) Coronavirus



Coronaviridae	
Transmission	Droplet, airborne, contact
Pathogenesis	Cellular transcription disruption → apoptosis
Distribution	Peripheral, multifocal
Consolidation	+++
GGO	+
Nodule	Rare
Bronchial wall thickening	UC
Pleural effusion	Rare
Systemic involvement	-



#### Severe Acute Respiratory Syndrome (SARS) Coronavirus

#### Introduction

- Severe Acute Respiratory Syndrome
- Fatality rate of 11%
- human-to-human transmission occurred in the health care setting
- Natural reservoir: wild animals, such as raccoon-dogs, ferrets, and civets

## Pathology and Clinical findings

- ≤ 10 days: acute-phase DAD
- > 10 days: organizing-phase DAD, superimposed bacterial bronchopneumonia
- Influenza-like and include fever, malaise, myalgia, headache, diarrhea, and shivering
- Progress to clinical, radiologic, and pathologic features of ARDS
- Lymphopenia, DIC, elevated LDH and CK





#### Severe Acute Respiratory Syndrome (SARS) Coronavirus

Coronaviridae	
Transmission	Droplet, airborne, contact
Pathogenesis	ACE system involve → DAD
Distribution	Peripheral, multifocal
Consolidation	+++
GGO	+
Nodule	Rare
Bronchial wall thickening	UC
Pleural effusion	Rare
Systemic involvement	-



- · Focal or multifocal unilateral or bilateral consolidation
- Mainly peripheral, middle and lower
- Focal or diffuse GGO or lobar consolidation
- Normal: 20%-40%

#### CT

- Focal, multifocal, or diffuse GGO or consolidation
- Crazy-paving pattern